### Last 12 Cycles:

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### Ovulation Predictor Kit

- Fertility Monitor

### Diagnostic Tests and Procedures

- **Temps & Luteal Phase**
  - **Peak Day**
    - Wet
    - Sticky
    - Diagnostic Tests and Procedures
    - May form wet mounds or stretch to 3/4"

### Medications or Injections

- Ovulatory Pain
- Moodiness
- Exercise
- Notes

### Acupuncture or Other Treatments

- Herbs, Vitamins, and Supplements

### Herbs, Vitamins, and Supplements

- Exercise
- Notes

### Exercise

- Notes

### Pregnancy

- Fertility Cycle

### Fertility Cycle

- Age

### Age

- Fertility Cycle

### Fertility Cycle

- Age